

Are you  
looking after  
someone?



8–14 June 2020



Humankind's Young Carers and Young Adult Carers Services are joining together to deliver some great online sessions during Carers Week

#### Tuesday 9th June 2pm: Sibling Carers Session

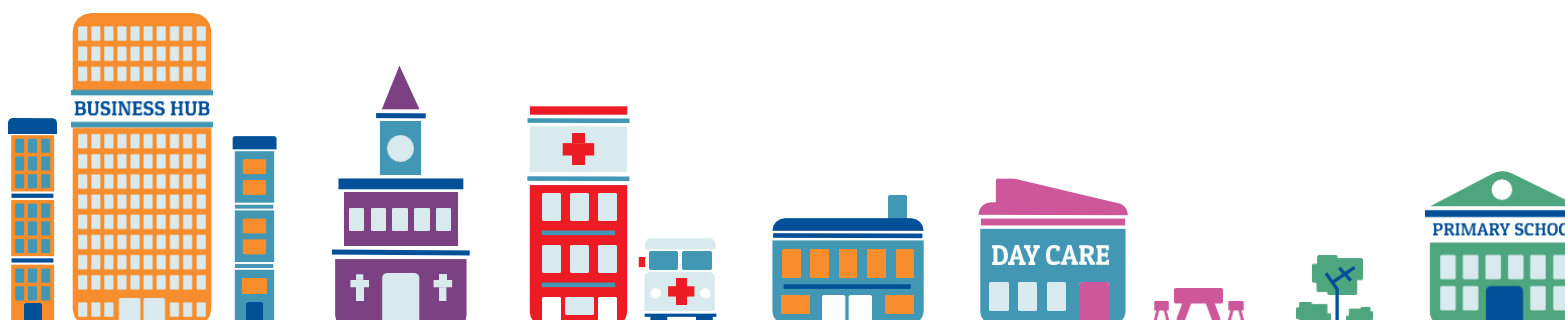
This session is designed for parents who want to know more about how they can support siblings and sibling carers of children with disabilities, or additional care and support needs.

#### Thursday 11th June 2pm: Young Carers Awareness Session

This session is designed for professionals to raise awareness of Young Carers and support available for Young Carers.

To book a place please email Cheryl Hunter at [cheryl.hunter@humankindcharity.org.uk](mailto:cheryl.hunter@humankindcharity.org.uk)

There will be ten spaces available per session, with each session being 40 minutes to 60 minutes in length. Sessions will be delivered via Zoom with log in details being distributed in advance of the sessions. We look forward to you joining us!



For more information visit  
[carersweek.org](http://carersweek.org)

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