

Attachment

- Minimal distress when the parent leaves the child alone and will immediately seek comfort when they return.
- Parents respond appropriately to their child's needs.
- The child trusts their needs will be met by the parent

SECURE

- The child is wary of strangers.
- The child becomes distressed when the parent leaves.
- The child is not comforted by the return of their parent.
- The child can display direct aggression towards the parent.

AMBIVALENT

POSITIVE
MODEL
OF SELF

AVOIDANT

- The child may avoid their parents.
- The child does not seek comfort or contact from the parent.
- The child will show little or no preference between their parent or a stranger.

DISORGANISED

- The child will show a mixture of the other three attachment styles.
- The child may appear dazed, confused or apprehensive.

NEGATIVE
MODEL
OF SELF

NEGATIVE MODEL OF OTHERS