

## County Durham's Early Help Strategy 2024 – 2026 transcript

[Uplifting music and Durham County Council logo throughout]

[County Durham's Early Help Strategy 2024 – 2026]

[Durham County Council Youth Council member 1] We've been working on a new strategy for Early Help in County Durham.

[Durham County Council Youth Council member 2] Lots of young people, parents and professionals have been working on this together.

[Susan Duggan, Harrogate District Foundation Trust] It's about us all working together, families, friends, communities and services to offer the right support at the right time in the right place for all children, young people and families.

[Accident and Emergency, Children's Social Care, Social Inclusion Team, Durham Works, Education Settings (nursery, schools, colleges), Housing, Probation, Adult & Health Services, Speech and Language Therapy, Advisory Service]

[Durham County Council Youth Council member 1] There are six things we'll be focussing on over the next three years.

[1]

[Durham County Council Youth Council member 3] Supporting children's mental health and emotional wellbeing.

[2]

[Nicola James, St. Andrew's Primary School] Supporting children to get the most out of their educational opportunities.

[3]

[Jane Carr, Parent Carer Panel member] Making sure that all babies and children have the best start in life through to adulthood.

[4]

[Sgt Ralph Thompson, Durham Constabulary] Helping create healthy family relationships and protecting children from harm.

[5]

[Lucy Elliott, Parent Carer Panel member] We also promote positive and nurturing parenting...

[6]

[Alison Ghent, Family Hub Development Manager] ...and help families have good control of their finances.

[We can do this by...]

[Jennifer Brady, Community Midwife (South Durham)] working with families at the earliest opportunity.

[Family of three sit together in grassy park area]

[Scott] Listening to what families say...

[Erica] and we make sure that we listen to what children say.

[Durham County Council Youth Council member 4] Not judging families, being honest, respectful, understanding and reliable.

[Lindsey Davison, Child Poverty Operations Manager] We want to make it easy as possible for families to find out about our support.

[Amy Hodgson, Matron for Public Health and Inequalities] We'll be offering support in different ways including online, digital and face to face.

[Durham County Council Youth Council member 5] We'll be designing our services with families to meet their individual needs.

[Sgt Ralph Thompson] Working together with other services, sharing information, organising and coordinating support to families.

[Final thoughts]

[Cllr Ted Henderson, Cabinet member for Children and Young People's Services] I'll think you'll find that the families themselves will find that it's easier for them to get the help and the advice that they need and it's all in one place. We will supply the help, the advice and everything else... it can't be bad can it.

[To find out more about our Early Help Strategy visit <https://durham-scp.org.uk/practitioners/early-help/>]