

# Early Help Assessment

Notes Template to assist with completion of online Early Help Assessment (OPTIONAL)

What are we worried about? (Behaviours of the adults(s) or child/young person that are causing the worry and why? What is the impact on the child/young person, siblings, other household members?

NB – by the very nature that the family require an Early Help Assessment there are stressors in the family – think how might these be impacting on the co-parenting relationship – could support around reducing the potential arguments/conflict between parents also help? If so include as a worry also, a range of support is available at <https://www.durham.gov.uk/relationshipsmatter>

What's working well? (**Positive things** or people that make the child/young person's life better e.g., times **when the family have managed the worries better** than they are now?)

What has **been tried already** to support the family and **what difference** has it made?

What are the **parent/carer** views (think Mam and Dad!)? What would life look like after support? What does good look like - what do they want the outcome to be?

What are the child/young person views? What would life look like after support? What does good look like - what do they want the outcome to be? [See tools that may assist in capturing the voice of the child.](#)